Tip Sheet

7 Reasons to Admit to Mistakes

- 1. **Trust** Trust is about being honest, open and even vulnerable. You will lose trust when you cover up your mistakes or justify why you are correct.
- 2. **Respect** Ego is annoying. No one respects those who think they know it all. People respect those who make an effort to learn and grow from their errors.
- 3. <u>Collaboration</u> True collaboration requires an open and honest environment, a learning and growing environment where employees trust each other. Mistakes must be allowed in order to create this environment.
- 4. **Integrity** You are a <u>role model</u>. Admitting to errors and showing courage is essential to your integrity.
- 5. **Productivity** Errors compound. Covering up mistakes wastes time. Fess up and move on.
- 6. **Growth** Growth can only happen when you are open to learning, and learning will only happen if you are prepared to be wrong. Remember the children. Erasers foster learning and growth.
- 7. **Stress** The stress of always needing to be right is a burden. Stressing about errors or trying to cover them up will eat up your insides. If you care about your health, admit your mistakes, learn and move forward.

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