

Tip Sheet

Trust Builders and Busters

Trust Health

Trust Health means you trust yourself, trust your employees, employees trust you, and employees trust each other.

Trust Builders

Personal credibility. Credibility means honesty and integrity. It's about your character, your motives and intent, whether you genuinely care about the people you lead. Credibility is about meaning what you say with actions to support what you say.

Respect. You show respect when you value others and are understanding and empathetic. Respect means listening to another point of view, accepting and embracing differences.

Transparency. Open, honest communication with no hidden agendas. You set clear expectations. You [admit to mistakes.](#)

Competence. You need to be able to do the job, or if you're new, demonstrate willingness to learn and grow. Competence means you have the ability to meet commitments, that work will get done correctly and on time.

Loyalty. Loyalty happens when you give people credit and have each other's back. There's no backstabbing, you always speak about others as if they were present.

Consistency. Equal treatment for all employees, no playing favorites. Employees know what to expect.

Trust Busters

Hidden agendas

Taking credit for others' work.

Not listening, not asking opinions.

Micromanaging

Dishonesty

Unfulfilled promises

Covering up or not admitting mistakes

Gossip and backstabbing

Ignoring reality

Read the [full article](#) about building trust in the workplace.





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